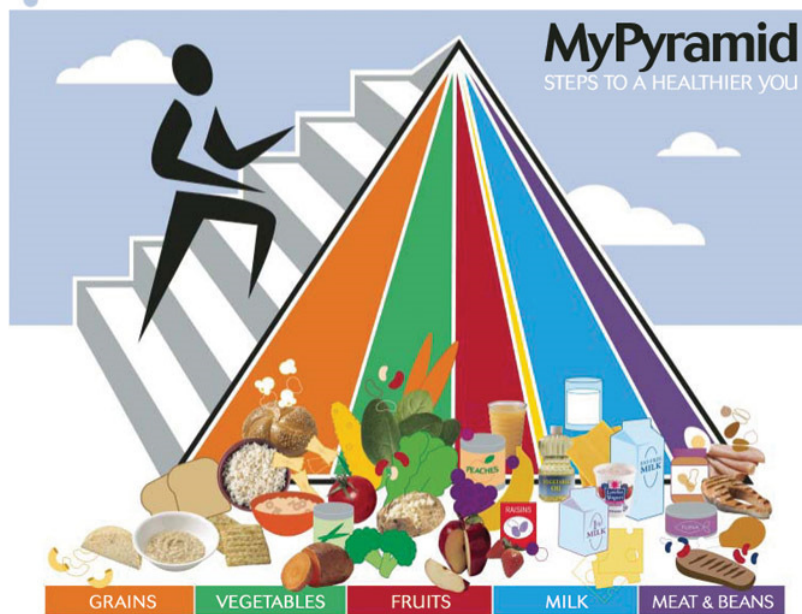


Lunch and Snack

Each day, every camper will be required to bring lunch and one snack with them. Please read and follow the guidelines below in packing lunch for your child:

1. **Campers will be active throughout the day at Great Basin Naturalists Summer Day Camp.** We recommend sending your child with a balanced, healthy lunch so that they will have the energy needed to fully participate in camp activities. We will be giving weekly prizes for the campers who eat the most fruits and vegetables at lunch!



2. **Campers should come with a water bottle full of water each day of camp.** We will have Galena Creek Park water bottles available for sale on the first day of each session. Please let us know beforehand if you plan on purchasing one so we can stock our store appropriately.

Learning and Recreation Gear

- A backpack
- A blank journal or note pad
- 2 Pencils or Pens
- Any recreational sports equipment that they hope to play with (with appropriate safety gear)
- A pair of closed toed shoes (these should be on their feet!)
- Any correctional eyewear that they need for reading
- A book for silent reading time (we will also have a small selection of kid-friendly texts)
- A rain jacket or poncho
- An extra hoodie or sweatshirt (in their backpack)
- A whistle
- Sunscreen